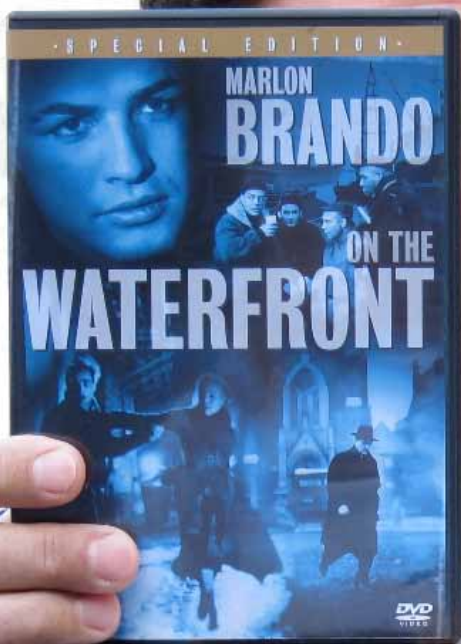


# eldercollege

BECAUSE RETIREMENT DOESN'T MEAN CALLING IT QUITS



EC  
20

20 YEARS OF ELDERCOLLEGE

Spring 2011  
COURSE CALENDAR

JANUARY - JUNE

 **CAPILANO**  
UNIVERSITY  
CONTINUING EDUCATION

# Partners Together



*I salute Pacific Arbour for understanding and supporting local groups, and for valuing what the arts bring to build our community. Their support of Kay Meek Centre is invaluable.*

Paul Gravett  
Executive Director  
Kay Meek Centre

For decades, our residents have invested their time and energy to build strong communities and better the lives of others. At Pacific Arbour, we're continuing this tradition by partnering with North Shore organizations that support seniors, families and children, and strengthen our neighbourhoods.

By supporting the Speaker Series and Eldercollege at Capilano University, and Kay Meek Centre, we're making good things happen – together.



[www.pacificarbour.ca](http://www.pacificarbour.ca) | 604.408.5811



North Vancouver | 604.980.6525  
[www.thesummerhill.ca](http://www.thesummerhill.ca)



Burnaby | 604.526.2248  
[www.themulberry.ca](http://www.themulberry.ca)

Our residences have received the industry's highest professional designation, the BC Seniors Living Association's Seal of Approval.



Where good things come together.

# EC 20

## 20 YEARS OF ELDERCOLLEGE

Join us in wishing Eldercollege at Capilano University Continuing Education a happy 20 years. Stay tuned for special events commemorating its double decade throughout 2011.

Eldercollege is a community of individuals aged 55 plus with a zest for learning and exploring life. At Eldercollege, we foster an environment where it's easy to share ideas, make new friends and — above all — learn for the sheer enjoyment of it. There are no exams, no deadlines and no pressure. And each term we offer a mix of courses that are as eclectic as your interests.

Eldercollege provides learning opportunities for older adults who wish to enrich their lifestyle through self-directed education and to contribute to the social and cultural development of the community. Eldercollege participants design and offer quality educational activities to stimulate interest in learning and to provide a forum for sharing ideas and knowledge with others.

Take a look through this course calendar and check out what's happening this term. Registration forms and information are on pages 14 and 15, and you can register in minutes. You can also register online. Just visit our website and click the CE Registration link.

*On the cover: film critic Rick Staehling with a sampling of what might be discussed aboard The Movie Lover's Cruise-The Sequel. See page 9 for details. PHOTO SUBMITTED.*

# ELDERCOLLEGE SPRING 2011

## Eldercollege Open House at Le Bistro Chez Michel!



Everyone welcome—members and non-members alike! There will be complimentary snacks, coffee, and tea available, and facilitators and Eldercollege members will be on hand to answer questions. Best of all, if you see an Eldercollege course you like, you can register on the spot!

**Monday, January 10, 1:30–3:30 pm**

*Le Bistro Chez Michel, located at Waterfront Park, 224 West Esplanade, North Vancouver*

### MONDAY

#### Opera Highlights

Nicolas Krusek of Vancouver Opera's education department discusses two outstanding operas being presented in the 2010-11 season.

*Jan 24: Clemenza*

*April 18: Traviata*

*2 Mon*

*1:30–3:30 pm*

*30028*

*Jan 24, Apr 18*

*West Van Seniors' Centre*

*Facilitator: Frances Gray*

### **Sinfonia Highlights: The Connection**

Sinfonia Orchestra of the North Shore is a professional orchestra performing beautiful classical music under the direction of Maestro Clyde Mitchell. Clyde Mitchell will present this series and tidbits from upcoming symphony performances.

**Jan 17:** *Tango and a few of your favourite things:* tangos from Argentina

**Feb 21:** *World Harmony:* all in strings

**Mar 28:** *Requiems:* Mozart and More

6 Mon            Jan 17, Feb 21, Mar 28  
1:30–3:30 pm   West Van Seniors' Centre  
30030            Facilitator: Janet  
Morningstar

## **TUESDAY**

### **Introduction to Snowshoeing**

Snowshoeing in the quiet of our North Shore forests is pure magic. Modern snowshoes make it as easy as “walking on snow.” Our west coast temperatures are mild, and the fresh air rejuvenates your body and soul. Vancouver’s winter wonderland awaits you. Meet locations will vary each week; you will be contacted with the location. A \$30 equipment rental fee is payable to the instructor on the first day of class. Register early: this class size is limited to 10.

6 Tues            Jan 18 – Feb 22  
10 – 11:30 am  
10132            Instructor: Lois  
Tomlinson  
Facilitator: Lynne Moran

### **What's News: Parkgate Series 1 & 2**

A discussion group for people interested in current affairs and who follow issues in the news. Group members contribute their views and are expected to take turns presenting background information on topics of interest.

*Series 1:*

6 Tues            Jan 18 – Feb 22  
1:30–3:30 pm   10122  
Parkgate Community Centre  
3625 Banff Crt., North Vancouver  
Facilitators: Morley Lertzman  
and Hugh Millar

*Series 2:*

6 Tues            Mar 1 – Apr 5  
1:30–3:30 pm   10123  
Parkgate Community Centre  
3625 Banff Crt., North Vancouver  
Facilitators: Morley Lertzman  
and Hugh Millar

### **Issues & Ideas**

A lively forum with speakers from a wide background of professional and life experiences who will share their insights on current events and controversies.

**Session 1**, March 1: *Third World Development: The aid conundrum* with Dr. Stan Hirst, an international development consultant.

**Session 2**, March 8: *Developments in Pharmaceutical Biotechnology* with Ross Gold, P.Eng., Managing Director, Vanrx PharmaSystems Inc.

**Session 3**, March 15: *A current documentary film (TBA)*

**Session 4**, March 22: *Aboriginal Child Welfare: The promise of change*, with Hugh Millar, MSW, a retired social worker and former a lecturer in Canadian social policy the University of the Fraser Valley.

**Session 5**, March 29: *The Recent Financial Crisis and its Unintended Consequences: What we've learned and what we haven't*, with Garrett Polman, formerly a financial controller in capital markets and international banking with JP Morgan Chase.

**Session 6**, April 5: *Provincial Elections: Do we really need to wait four years?* With Elizabeth James, freelance contributor to the North Shore News.

6 Tues                      Mar 1 – Apr 5  
10 – 11:30 am  
10126                      Facilitator: Hugh Millar

**Astronomy                      NEW**

A panoramic view of the universe for the older viewer. We will consider the skies with a sense of wonder, attempt to understand more about them and hopefully be entertained. The course will include two video lectures from the Great Course Series (*Cosmology* and *Understanding the Universe*) plus guest appearances by local commentators who will discuss the cinematic treatment of spacemen and the ongoing search for extrasolar planets and extraterrestrial life.

**Session 1**, March 1: *Denizens of the Universe*, a video from Cosmology Prof. Mark Whittle, University of Virginia

**Session 2**, March 8: *Early Studies in Astronomy*. Three video lectures on the history of astronomy from Mesopotamia to Galileo, from Alex Fillipenko, University of California, Berkeley.

**Session 3**, March 15: *Night Skies*. Three video lectures on sky viewing from Professor Alex Fillipenko.

**Session 4**, March 22: *The Milky Way and Other Galaxies*. Two video lectures on our own galaxy and others from Professor Alex Fillipenko.

**Session 5**, March 29: *Planet Earth: A storied past and tenuous future*. Our own planet shows indications of past bombardments by meteorites and other heavenly bodies. Two video lectures will explain Earth's history and discuss the formation of planetary systems. Filmmaker David Ray will discuss cinematic treatment of supposed extra-terrestrials over time.

**Session 6**, April 5: *Are We Alone? The search for other life in the universe*. Stan Greenspoon, Chair of the Faculty of Pure and Applied Sciences at Capilano University, presents on the search for extra solar planets and extraterrestrial life. If time permits, video *Reflections on Life and the Cosmos*.

6 Tues                      Mar 1 – Apr 5  
2:30 – 4 pm  
10134                      Facilitator: Doug Ray

## WEDNESDAY

### Books Unlimited

If you love reading, please come and join us. We will be discussing five works of fiction chosen by members of the group. Discussions are always lively and your input is encouraged. Please phone Irene Davies at 604.925.3206, after December 8, for the reading list.

5 Wed                      Jan 26, Feb 16,  
                                    Mar 9 & 30, Apr 20  
1–2:30 pm  
10128                      Facilitator: Irene Davies

### Fact and Fiction

Do you enjoy reading? When you finish a book do you wish you could share your opinions about it with others? Why not join Fact and Fiction? You will enjoy enthusiastic discussion as well as the opportunity to suggest a list of favourite books for consideration when selecting the books for the following term. For a complete book list phone Tony at 604.921.7947 or Audrey at 604.984.8252. For the first class read *The Book Thief* by Marcus Zusak.

5 Wed                      Jan 19, Feb 9,  
                                    Mar 2 & 23, Apr 13  
1–2:30 pm  
10129                      Facilitators: Tony  
                                    Clayton & Audrey Dewan

### Greek Dramas                      NEW

Mix justifiable homicide, ambition, vengeance, guilt, justice and an ancient family curse and you have some of the most powerful tragedies ever written. Then switch to something light-hearted:

a contemporary spoof of Socrates and lawyers. The ancient Greeks invented western tragedy and comedy. This is a read and discuss course of two tragedies by Aeschylus from his *Oresteia* cycle and *The Clouds* by Aristophanes, Greece's most famous writer of comedies. The facilitator will introduce Greek drama and provide the ancient Greek setting for the three plays. For the first session participants are asked to read *Agamemnon*. **Important:** There are numerous translations. To be on the same page (literally) the editions we will be using in class are Aeschylus' *The Oresteia*, translated by Robert Fagels, and Aristophanes' *Lysistrata/The Acharnians/The Clouds* translated by A. H. Sommerstein, both published by Penguin. To obtain (limited) copies at a reduced price, contact Garrett Polman at 604.925.9899 or gpolman@gmail.com

**Session 1**, January 19: *Introduction to Greek Tragedy and The Agamemnon*.  
**Session 2**, January 26: *The Agamemnon*.  
**Session 3**, February 2: *The Agamemnon and The Libation Bearers*.  
**Session 4**, February 9: *The Libation Bearers and its sequel*.  
**Session 5**, February 16: *Introduction to Greek Comedy and The Clouds*.  
**Session 6**, February 23: *The Clouds*.

6 Wed                      Jan 19 – Feb 23  
2:30 – 4 pm  
10133                      Facilitator: Garrett  
                                    Polman

**Great Empires**

**NEW**

Empires have dominated the territorial land masses of much of the world. China, Japan, America and Britain influenced the lives of millions of people in both the western and eastern hemispheres in the 18th and 19th centuries. Their legacies can be felt right down to our own times.

**Session 1**, March 2: *Origins and Rise of the British Empire*. The 16th and 19th centuries will be covered by Allan Orr, a retired history teacher who specializes in British and modern history.

**Session 2**, March 9: *The British Empire at its Finest, Before the Decline*, with Allan Orr.

**Session 3**, March 16: *The Chinese Empire in the 18th and 19th Centuries* with Wilma Maki, who holds a PhD from UBC and specializes in Japanese and Asian history and culture.

**Session 4**, March 23: *The Rise of the Japanese Empire into the 19th and 20th Centuries* with Garrett Polman, a Ford Foundation Fellow who pursued graduate studies in history in Chicago, Oxford and Berlin universities.

**Session 5**, March 30: *Expansion of the New United States (1783) Westwards into Indian Territory and Mexico*, with Eric Nellis, a professor emeritus at UBC and author of studies in Colonial and early Republican America

**Session 6**, April 8: *The New American Empire*, with Bob Fuhr, head of the history department at Kwantlen University, and a specialist in modern American history. Bob will discuss the American

empire created after the Spanish-Cuban war of 1899-1902.

5 Wed & 1 Fri Mar 2 – 30, Apr 8  
2:30 – 4 pm

10130 Facilitator: Allan Orr

**THURSDAY**

**The Leading Edge**

A series of presentations on topics of current interest featuring various speakers from the local and academic communities. The topics are chosen to enlarge our understanding of and elaborate on new ideas, technologies and processes in our world. We also look at research and its application in the environment, culture and industry.

**Session 1**, Jan 20: *Research and Crime*. Presented by Robert Taylor of Perivale and Taylor Consulting, specializing in public reviews and studies. The company conducted the *North Shore Police Service Review* and works nationally and internationally.

**Session 2**, Jan 27: *Peace and Human Security*, with Andrew Mack.

**Session 3**, February 3: *Altitude With (the Right) Attitude*. Has hiking Nepal always been on your bucket list or 100 things to do? Lois Tomlinson of Natural Trekking will share her recipe for success for trekking the high altitudes in Nepal. Learn what you need and how to prepare for a journey of a lifetime.

**Session 4**, February 10: *The Next Frontier in Space Exploration*. This is an exciting time for space exploration as



**Session 5**, March 31: *Luncheon at Nu.*

Join Chef Robert Clark at Nu restaurant for a fabulous waterfront luncheon.

**NOTE:** This optional luncheon costs \$30. Sign up in class.

**Session 6:** April 28: *Paris Salon*

*Luncheon.* Join Barbara-Jo McIntosh for a demonstration and luncheon from her new cookbook, *Cooking for Me and Sometimes You, A Parisienne Romance* with recipes created in and inspired by Paris.

**NOTE:** This optional luncheon costs \$49 and includes a copy of the cookbook. Sign up in class.

6 Thurs                      Mar 3 – 31, Apr 28  
10 – 11:30 am  
10127                      Facilitators: Joyce  
   Redford & Lynne Moran

**What's News: Capilano Series 1 & 2**

A discussion group for people interested in current affairs and who follow issues in the news. Group members participate by contributing their views and are expected to take turns presenting background information on topics of interest.

*Series 1:*

6 Thurs                      Jan 20 – Feb 24  
1–2:30 pm                      Capilano University  
10120                      Facilitators: Russ Scott &  
   Gordon Shimizu

*Series 2:*

6 Thurs                      Mar 3 – Apr 7  
1–2:30 pm                      Capilano University  
10121                      Facilitators: Russ Scott &  
   Gordon Shimizu

**FRIDAY**

**Wild Walks**

Naturalist Kevin Bell, a lifelong bird-watcher, who has spent 25 years with the Parks Department of North Vancouver, leads nature walks at Maplewood Flats to study birds and their habitats. Gain insights into Wild Bird Trust's wonderful work on the reclamation of the site, and learn about the springtime inflow of birds and local species. For the walk, please bring binoculars, field guides and a cheque for \$18 made payable to Wild Bird Trust of British Columbia to cover guide fees.

6 Fri                              Mar 25 – May 6  
10 am – Noon                      Wild Bird Trust at  
   Maplewood Flats  
10131                              Facilitator: Allan Orr  
No class April 22

**Hummingbird Singers of Eldercollege**

This is a group of friendly Eldercollege singers who love to sing a wide variety of music and have fun doing it. No auditions are necessary but space is limited; a telephone interview is requested. Please call Carol Brauner at 604.929.6564 prior to registration. Men are particularly appreciated.

12 Fri                              Jan 21 – Apr 8  
2–4 pm                              Churchill House  
   150 West 29th St.,  
   North Vancouver  
10124                              Facilitator: Carol Brauner

# Movie Lover's Cruise: The Sequel



Like a blockbuster movie sequel, cue *The Movie Lover's Cruise: The Sequel*, a seven-day Alaska cruise on Holland America's *ms Zuiderdam*. Inspired by last fall's popular combination of cruise and movie course, this September 10, 2011 sailing brings film critic Rick Staehling back to the podium and projector with new film clips, films and more suggestions on how to sharpen your analytical skills and film appreciation.

Staehling, a member of the Vancouver Film Critic's Circle, has worked as an associate producer in Hollywood and has written extensively about movies. A seasoned cruiser, he considers the movie/cruise combo a natural: "Lectures, movies, and class discussions in the mornings; personal time the rest of the days and evenings. Although based on last year's cruise, I suspect the movie talk will be non-stop."

The *ms Zuiderdam* is one of Holland America's prestigious Vista class ships and sails the spectacular seven-day Glacier Bay/Inside Passage route from Vancouver throughout the Summer and Fall of 2011.

So if you love movies and enjoy talking about them, mark your calendar. Stunning scenery, great cuisine and a graceful, elegant ship ensures that *The Movie Lover's Cruise: The Sequel* will be a unique opportunity to learn and share your passion for the silver-screen with fellow film buffs.

## **7 Day Alaska Cruise aboard Holland America's ms Zuiderdam**

Depart Vancouver September 10, 2011

Cruise Costs (includes port charges, taxes and fees; per person based on double occupancy):

Inside cabin from C\$1049      Balcony Cabin from C\$1686

Outside Cabin from C\$1421

**NOTE:** Cruise prices do not include the film course fee of \$189

For more information and to reserve your spot contact:

Lynne Moran

lmoran@capilanou.ca

604,984.1754

## CULINARY ADVENTURES

### French Fare and Fun at Le Bistro Chez Michel

(Not included in Eldercollege membership fees)

#### **Bon Appétit at Le Bistro–Encore!**

Join restaurateur Philippe Segur for an exceptional culinary experience at his beautiful and oh-so French Bistro overlooking the Vancouver skyline. Each luncheon begins with a cooking demonstration by the amazing Chef Eric Arrouzé. Watch as culinary masterpieces are created before your very eyes with an added soupçon of humour. And will participants get to try the food? Mais oui, mon ami! A three course luncheon follows and recipes are provided. What a delicious way to spend Friday with friends.

#### **Easter in France**

What a lovely thought. Can't make Paris? Join us for this culinary celebration.

1 Fri                      Apr 15  
10 am – 1:30 pm *Le Bistro Chez Michel*  
20021                      \$69

#### **Soirée Bon Appétit**

Philippe and Eric thought it was time we paired some beautiful wines with their creations. So why not come down for an evening class with the candles flickering and the skyline of Vancouver aglow in the distance. For this first time evening event, Chef Eric will prepare food from the Table of Brittany. Each of the three courses will be paired with wine. Come and relax, learn and indulge in fine food and wine created just for you.

#### **The Table of Brittany**

1 Thurs                      Jan 27  
6 – 9:30 pm              *Le Bistro Chez Michel*  
10125                      \$105

Eldercollege and Continuing Education encourage responsible decision making. Please don't drink and drive.

## CULINARY ADVENTURES

### Fine Food and Wine with Jurgen Gothe

(Not included in Eldercollege membership fees)

#### **A Luncheon with Jurgen Gothe**

Join Jurgen Gothe, one of Canada's premier educators on food and wine, for a one-of-a-kind dining experience. The luncheon begins with an introduction to B.C. wines, then moves on to a three-course luncheon prepared by Chef Joel Green of The Lobby restaurant at North Vancouver's beautiful new waterfront hotel, The Pinnacle. As we dine, Jurgen will chat about the wine and its pairing with the food. A roundtable discussion with Chef Joel will follow. The course fee includes an informative talk with Jurgen and Chef Joel, the three course luncheon with wine pairings and a complimentary copy of Jurgen's cookbook, *Jurgen Gothe's Disc Cookery*.

1 Thurs            Mar 3  
Noon – 2 pm      J. Gothe  
10220               \$95

#### **The Grapes of Gothe: For the Love of B.C. Wines**

Join Vancouver's own Jurgen Gothe for a tour of the great vintages of B.C. Begin these exciting five weeks with an introduction to B.C. wines including history, growth, acceptance and international recognition. Learn tasting techniques and share in the anecdotes of one of our premier food and wine educators and raconteurs. Each week will include a tasting. Weekly flights include Riesling, Chardonnay, Pinot Noir and Mixed Lots from wineries such as Blasted Church, Mission Hill, Wild Goose, and Cedar Creek to name just a few. Conclude your classes with a four-course dinner paired with favourite picks from your weekly tastings at The Lobby restaurant at The Pinnacle, North Vancouver's beautiful new waterfront hotel. An exclusive dining experience. Tuition includes flights of wine, dinner and wine pairings.

5 Wed                Feb 23–Mar 23  
7–9 pm              J. Gothe  
10167                \$329

Eldercollege and Continuing Education encourage responsible decision making. Please don't drink and drive.

**COMPUTER COURSES FOR PEOPLE 55 PLUS**

- Courses are user friendly and are geared to retirees who want to become computer literate
- A computer is available for each registered student
- Experienced instructors and volunteers provide invaluable support
- Register early — seats are limited
- Please note these courses are not included in Eldercollege memberships
- Please also note course fees are subject to HST

**Computers for Scaredy Cats**

Have you been avoiding computers and now have no idea what people around you are talking about? Register for this workshop and have fun getting acquainted with the computer and its friendly mouse in a stress-free environment.

1 Fri                      Jan 28  
10 am–12:30 pm      H. Magee  
10112                      FREE

1 Fri                      Feb 4  
10 am – 12:30 pm    H. Magee  
10113                      FREE

**Keyboarding, Mice & Screens, Oh My!**

Learn the features of the keyboard, paying particular attention to the position of the keys, and start typing more efficiently. We can't promise to turn you into a rapid-fire, laser-fingered typist in three hours, but you will leave with the skills and resources to learn on your own time. Posture and ergonomics are also covered.

1 Fri                      Feb 11  
10 am – 12:30 pm    H. Magee  
10114                      \$39

**Internet Search Tutorial**

You will learn how to enhance your Internet searches so that the number of returns is smaller and the information more relevant. Explore various search engines and subject guides to see how they differ and how searches can be limited to only government or educational sites. The techniques learned in class can also be applied to database searches in libraries. A workbook and CD can be purchased from the instructor for \$2. No previous Internet experience is necessary.

1 Sat                      Jan 21  
9 am – Noon          K. Ewing  
10117                      \$39

**E-mail Made Easy                      NEW**

Set up your own free web-based e-mail account and learn the basics of sending and receiving e-mails including sending attachments, managing your mail, setting up contacts and sending group e-mails.

1 Fri                      Mar 25  
10 am–12:30 pm    H. Magee  
10118                      \$39

## **Beginning Photoshop CS5**

A scaled down version of our *Introduction to Photoshop*, this course introduces you to the basics of the software. It concentrates on the techniques and tools you need to manage, retouch, and creatively use your photographs. Start with basic photo retouching, and explore layers, effects, type and layout to enhance your photos.

4 Sat                      Mar 26 – Apr 16  
9:30 am – Noon      K. Barbour  
20033                      \$129

## **MICROSOFT WORD STEP BY STEP (2007 VERSION)**

We recommend taking Step Courses in sequence.

### **First Step with Word**

For complete beginners to Microsoft Word! You'll format, type and print out your own letter by the end of the course. Learn to enter and edit text, change the appearance of your letter and even check for spelling errors. Then save your document and find it again! After this class, you'll be ready for the Second Step.

3 Fri                      Feb 18, 25 & Mar 4  
10 am – 12:30 pm      H. Magee  
10115                      \$99

### **Second Step with Word**

Take the next step and before you know it, you'll be creating documents like a pro! Learn techniques such as cut and paste, tables, tabs, and borders. You'll also put your skills to use and create a holiday itinerary.

2 Fri                      Mar 11 & 18  
10 am – 12:30 pm      H. Magee  
10116                      \$79

# REGISTRATION AND MEMBERSHIP

## MEMBERSHIP & REGISTRATION INFORMATION

Eldercollege is pleased to welcome new members. We offer two terms: a fall term that runs from September to December, and a spring term that runs from January to June. You choose the membership option that's best for you:

1. Term Membership: \$139 + HST (covers one term, and entitles you to take an unlimited number of courses for that term).
2. Single Course Membership: \$75 + HST (take only one course in a single term).

## AS A MEMBER OF ELDERCOLLEGE YOU:

- enjoy library privileges for the academic year. Non-photo ID cards are available from library for \$2;
- receive all flyers and newsletters for one year;
- are invited to attend all social functions for one year;
- will meet fascinating people; and
- can participate in the creation of our programs.

## FIVE EASY WAYS TO REGISTER

### 1. PHONE

Call 604.984.4901 during office hours Monday through Friday. Please have your credit card number ready.

### 2. MAIL

Fill out the registration form and mail to:  
Capilano University  
Continuing Education  
2055 Purcell Way  
North Vancouver, BC V7J 3H5

### 3. FAX

Fax the registration form to 604.983.7545.

### 4. IN PERSON

Visit us during office hours and you can sign up on the spot.

### 5. ONLINE

Click on the CE Registration link and follow the prompts.

## OFFICE HOURS:

Monday to Wednesday: 9 am–4:30 pm  
Thursday: 10:30 am–4:30 pm

Friday: 9 am–4:30 pm  
Phone: 604.984.4901

## POLICIES AND PROCEDURES:

For information on all our policies and procedures, including refunds and withdrawal policies, please refer to the web: [www.capilanou.ca/ce/about/policies-procedures](http://www.capilanou.ca/ce/about/policies-procedures)

# FAX/MAIL-IN REGISTRATION FORM

\_\_\_\_\_  
Last Name First Name Middle initial

\_\_\_\_\_  
Gender Date of birth (DD/MM/YY)

\_\_\_\_\_  
Address

\_\_\_\_\_

\_\_\_\_\_  
City Postal code

\_\_\_\_\_  
Phone E-mail

## COURSE INFORMATION

\_\_\_\_\_  
Course reference number Course title

\_\_\_\_\_  
Course reference number Course title

\_\_\_\_\_  
Course reference number Course title

## PAYMENT INFORMATION

You can pay by cheque, money order or credit card (VISA, AMEX or Mastercard). Please make your cheque payable to Capilano University Continuing Education and mail it, along with this registration form, to: Capilano University Continuing Education, 2055 Purcell Way, North Vancouver, B.C., V7J 3H5

## ENCLOSED IS MY MEMBERSHIP FEE:

- Term Membership: \$139 + HST (unlimited number of courses for one term)
- Single Course Membership: \$75 + HST (take one course in a single term)

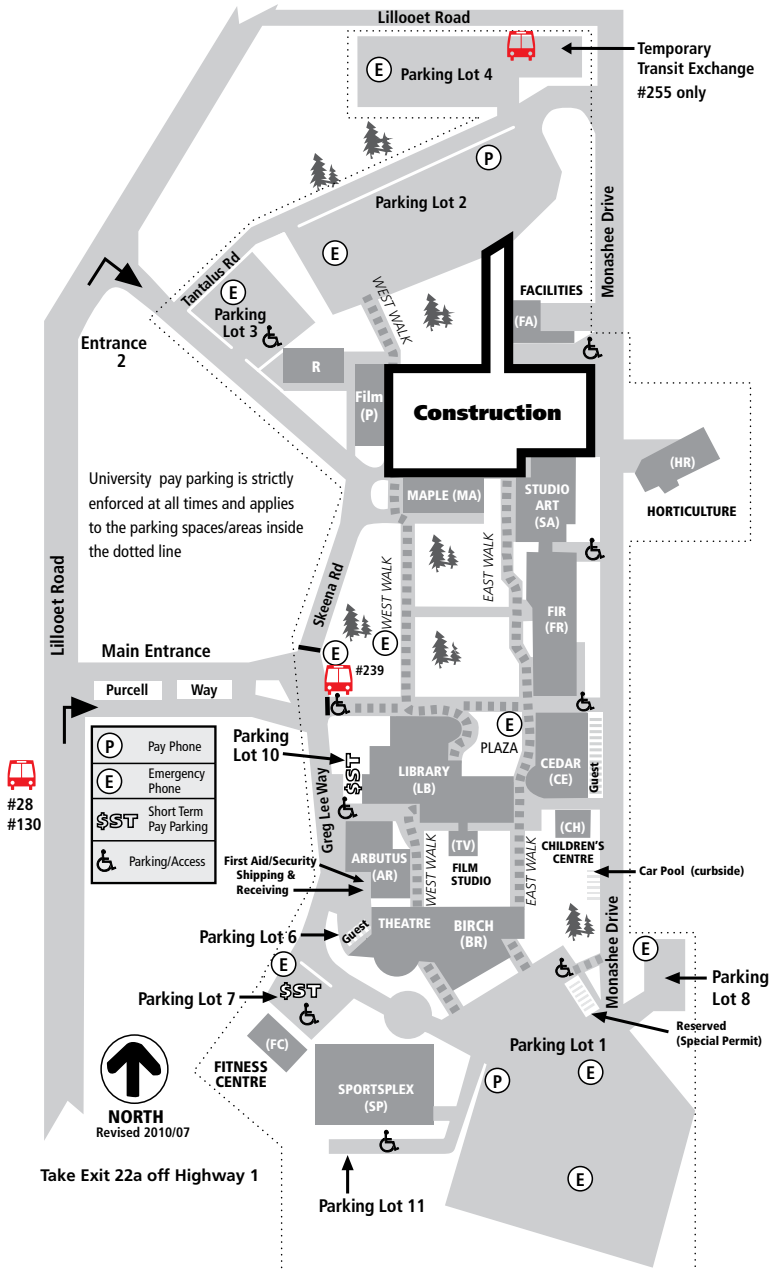
\_\_\_\_\_  
Visa/MasterCard/AMEX Expiry date

\_\_\_\_\_  
Authorized cardholder signature Date

## Privacy Statement

Capilano University respects your privacy. We will protect students' personal information and adhere to all privacy legislation requirements. This information is covered by the authority of the College and Institutes Act and is used in compliance with the BC Freedom of Information and Protection of Privacy Act.





	Pay Phone
	Emergency Phone
	Short Term Pay Parking
	Parking/Access



**NORTH**  
Revised 2010/07

Take Exit 22a off Highway 1



**CAPILANO**  
UNIVERSITY

Capilano University  
Continuing Education  
2055 Purcell Way  
North Vancouver, B.C. V7J 3H5  
[www.capilano.ca/eldercollege](http://www.capilano.ca/eldercollege)

**Eldercollege at Capilano University  
gratefully acknowledges the support  
and enthusiasm of our friends at:**

OUR LEAD SPONSOR

- Pacific Arbour Retirement Communities

SPONSORS

- Le Bistro Chez Michel
- Churchill House
- John Braithwaite Community Centre
- North Vancouver Museum & Archives
- Park Royal Shopping Centre
- The Summerhill Retirement Residence
- West Vancouver Seniors' Activity Centre